We only have one world, so I want to try and take care of it throughout my life. I can do this by keeping my eyes open and being active to bring some positive changes to myself and my environment.

For example;

I can switch off the light when I leave the room. Turning off lights saves valuable energy and low-energy bulbs use much less electricity.

I can turn off the tap when I brush my teeth. Every time I do this, I save eighteen glasses of water.

I can put my litter in the bin. Tidying away litter keeps the world safe and clean.

I can feed the birds in winter. Feeding birds helps them get ready for nesting in the spring.

I can use both sides of a paper. If everybody did this, it would greatly reduce the number of trees we use to make paper.

I can remind my mummy to turn off the TV at the wall. Electrical appliances still use energy when they are on standby.

I can make toys from old boxes. We can reuse lots of things before we throw them away.

I can walk to school. Avoiding car journeys saves fuel and means there is less air pollution. It is also good exercise.

I can plant seeds and help them grow. Plants help to keep the air clean and healthy.

I can help to sort the recycling. Over half our rubbish can be recycled. It takes much less energy to recycle something than to make a new one.

These are the 10 simple things I can do to help, and I can do all of this because ... I love my world. (280wds)